

**Arizona Urology Specialists, PLLC
SEMEN ANALYSIS INSTRUCTIONS**

You have been referred to Arizona Urology Specialists for a Semen Analysis. To schedule your semen analysis, please call 480-661-2662 option 2 and ask for Shelley. It is preferred that an appointment is made to collect the sample in the office.

- **Please collect the sample in a container provided to you by Arizona Urology Specialists. You will be provided a container at your appointment time. If you chose to collect the sample at home, you will receive a container from Dr. Faber's office.**
- **If you do collect the sample at home, you still need to make an appointment to drop the sample off at the office. The sample also must be brought to the office within an hour of collection.**
- **You must abstain from ejaculation for 2 to 5 (not less than 2 but not more than 5) days before your scheduled appointment.**
- **The entire specimen must be collected into the container.**
- **The sample should be obtained by masturbation for accurate results.**
- **Do not use any condoms, birth control devices, creams or lubricants (including saliva) to obtain the sample.**

When you call to make your appointment, please have your insurance card available to have your demographics and information entered correctly. Our office will verify your fertility benefits prior to your appointment, and will let you know if you owe anything other than a standard copay. If your insurance does NOT cover semen analysis, the out of pocket price is \$220.00.

Our address is 20201 N Scottsdale Healthcare Dr Suite 290 Scottsdale AZ 85255. The major cross streets are Thompson Peak Parkway and Scottsdale Rd.

Thank you and we look forward to hearing from you!